



**BNV COLLEGE OF TEACHER EDUCATION
THIRUVALLAM, THIRUVANANTHAPURAM**

BNV ECHOES

A Quarterly Campus Chronicle



A JOURNEY IN BLOOM

A journey of learning, creativity, and transformation comes alive through the pages of this newsletter, capturing the vibrant academic and co-curricular experiences at BNV College of Teacher Education, Thiruvallam from December 2025 to March 2026. Each milestone reflects the institution's steadfast commitment to nurturing innovative, inclusive, and future-ready educators.

■ BNVCTE Newsletter

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Seeds of Inspiration

• **EMBRACING EVERY ABILITY**

Observed on 3 December 2025, the International Day of Persons with Disabilities served as a meaningful platform to deepen awareness of inclusive education practices. Mrs. Chikku Kuriakose (Senior NVT, Commerce) delivered an inspiring session, drawing from her personal experiences to highlight the vital role of teachers in building classrooms that embrace diversity and equity. Facilitated by Dr Roshna V. Gopal, Assistant Professor the programme enabled student teachers to develop greater sensitivity towards understanding and supporting learners with varied needs.



• **IGNITING YOUNG INNOVATORS**

Innovation and creative thinking took centre stage on 4 December 2025 as the Internal Quality Assurance Cell (IQAC) organized an orientation on the Young Innovators Programme (YIP). The session familiarized student teachers with the innovation ecosystem of the Kerala Development and Innovation Strategic Council (K-DISC), including idea generation, proposal submission, and opportunities available for emerging innovators. The programme inspired participants to channel their creativity and problem-solving abilities toward addressing real-world challenges.



• **VOICES OF DEMOCRACY**

To strengthen democratic values and responsible citizenship, the Electoral Literacy Club hosted an awareness programme on 4 December 2025. Participants viewed a documentary tracing the evolution of India's electoral system, followed by an orientation on voter registration procedures and the SIR form. A live demonstration of the Electronic Voting Machine (EVM) further enriched the experience, equipping students with practical knowledge of the electoral process and the significance of informed participation in democracy.

• WOMEN WHO DARE TO DREAM

Entrepreneurship, innovation, and empowerment were celebrated through FEMPRISE, organized by the Commerce Association (COMSTARS) on 5 December 2025. Entrepreneur Mrs. Soorya C. Jayan shared valuable insights into the opportunities and challenges faced by women in business. The occasion also marked the inauguration of RAIN FM by Dr. G. Meera Suresh, Academic Director, alongside product exhibitions and engaging activities. Guided by Mrs. Vandana S. Venu, Assistant Professor, under the leadership of Dr. Lakshmi S., Principal, the event motivated students to explore entrepreneurial pathways with confidence and creativity.



• WEBINAR SERIES ON INDIAN KNOWLEDGE SYSTEM (IKS)

The Webinar Series on Indian Knowledge Systems (IKS), comprising ten enriching sessions, explored the timeless wisdom and educational relevance of India's rich intellectual and cultural heritage. Covering themes such as traditional sciences, philosophy, arts, values, and indigenous pedagogical practices, the series offered participants meaningful insights into integrating IKS into contemporary education. The initiative fostered a deeper appreciation of India's knowledge traditions and their significance in shaping holistic and value-based learning.



• FRAMES OF IMAGINATION

The campus came alive with cinematic expression during Cine Wave 2025, the annual film festival of UDAAN – The Film Club, held on 12 December 2025. Inaugurated by Sri A. Suresh, Managing Director, the festival featured thought-provoking film screenings and interactive discussions that explored storytelling, visual language, and social themes in cinema. Curated by the club members, the event fostered critical appreciation of film as a powerful artistic and cultural medium.





• THREADS OF TRADITION

A vibrant tribute to tradition and elegance unfolded on 19 December 2025 through *Drape with Pride*, organized in observance of World Saree Day. The programme featured an awareness session on the saree as a symbol of cultural identity, followed by a saree draping demonstration by Dr. G. Meera Suresh, Academic Director. A Saree Draping Competition and model walk added colour and enthusiasm, showcasing participants' creativity, confidence, and presentation skills. Guided by Ms. Shiny Pratap, Assistant Professor and student coordinators, the event beautifully celebrated heritage and self-expression.

• SEASON OF JOY AND TOGETHERNESS

The festive season was welcomed with warmth and joy through *Merry Bells*, the college Christmas celebration held on 23 December 2025. Rev. C. P. Justin Jose delivered a heartfelt Christmas message emphasizing love, kindness, and service to humanity. A cake-cutting ceremony led by Sri A. Suresh, Managing Director added to the cheerful atmosphere, while vibrant cultural performances brought the campus together in celebration. Thoughtfully organized by Mrs. Sreekutty S. S., Assistant Professor, the programme reflected the enduring values of compassion, and harmony.



❖ **THINK ALOUD : VOICES OF INSIGHT AND INSPIRATION**

BNV College of Teacher Education, in association with the Internal Quality Assurance Cell (IQAC), launched THINK ALOUD, a student-led podcast series, on 7 January 2026. Presented by the students of the 2025–2027 batch, the series featured sixteen episodes released every Wednesday, covering themes such as study skills, mindfulness, science in daily life, career opportunities, moral values, and educational technology. The initiative provided a creative platform for meaningful conversations and the exchange of ideas, fostering curiosity, critical thinking, and self-reflection. It also enhanced students’ communication, collaboration, and presentation skills, marking a significant step in promoting innovative and engaging learning experiences.



Learning Beyond Boundaries

▶ **STAGECRAFT AND SELF-EXPRESSION: WORKSHOP ON THEATRE PRACTICE**

Creativity and communication found dynamic expression during a Theatre Practice Workshop conducted on 6 February 2026. Led by Mr. Satheesh G. Nair, Director of The Art Space – Centre for Performing Arts, Thiruvananthapuram, and facilitated by Mrs. Sreekutty S. S., Assistant Professor, the session immersed participants in practical theatre techniques, stage presence, and expressive performance. Interactive activities and live demonstrations made the workshop both engaging and transformative.



▶ **CRAFTING STORIES INTO LEARNING**

On 9 February 2026, student teachers explored the creative potential of puppetry as an instructional tool through an engaging Puppet Making Workshop. Mrs. Navya S. Pillai, alumna of the institution, demonstrated simple and innovative techniques for designing a variety of puppets. Under the guidance of Mrs. Rekha L. R., Assistant Professor, participants discovered how puppetry can transform classroom lessons into meaningful and memorable learning experiences.





▶ **A JOURNEY THROUGH HERITAGE AND EXPERIENCE**

Learning extended beyond the classroom on 17 February 2026 as student teachers embarked on an educational trip to Ernakulam. The journey included visits to Jew Town, the Paradesi Synagogue, and Mattancherry Palace, offering rich insights into Kerala's historical and cultural legacy. Experiences such as a ride on the Kochi Water Metro and a scenic cruise along Marine Drive provided a unique blend of heritage and modern urban development. Accompanied by faculty members, the trip fostered collaborative learning and lasting memories.

▶ **JUSTITIA: JUSTICE IN ACTION**

In observance of International Social Justice Day, JUSTITIA was organized on 20 February 2026 to promote legal literacy and social responsibility among student teachers. Adv. Prathibha B., delivered an insightful session covering the Protection of Children from Sexual Offences Act, 2012 (POCSO Act), juvenile justice provisions, cyber safety, and gender equality. The programme emphasized the importance of understanding legal rights and responsibilities in building a just and equitable society. Conceptualized by Mrs. Rekha L. R., Assistant Professor, the session empowered participants to become informed citizens and socially responsible educators.



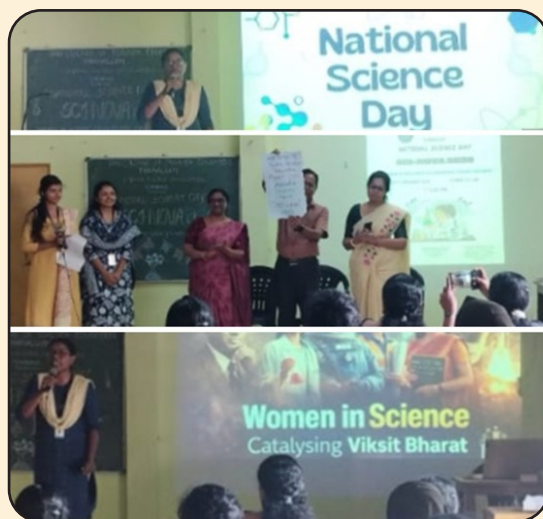
▶ **SCI-NOVA 2K26: CELEBRATING THE SPIRIT OF SCIENCE**

Scientific curiosity and innovation took centre stage on 27 February 2026 as the institution celebrated National Science Day through SCI-NOVA 2K26 and the science exhibition SPECTRUM 2K26. Aligned with the national theme, "Women in Science: Catalysing Viksit Bharat," the celebration featured theme presentations, documentary screenings, live experiments, and interactive student exhibits. The event created an inquiry-driven environment that encouraged

creativity, critical thinking, and scientific exploration. Under the guidance of Dr. Sunikumari P. M., Assistant Professor, the programme highlighted the invaluable contributions of women scientists and fostered a vibrant scientific temper among participants.

▶ **CAPACITY BUILDING PROGRAMME: BUILDING SKILLS FOR LIFE**

Essential life skills for personal and professional growth were explored through a Capacity Building Programme conducted on 27 February 2026. Mrs. Sreekutty S. S., Assistant Professor, led a series of activity-based sessions focusing on communication, decision-making, emotional intelligence, and teamwork. Through role-plays, group discussions, and situational tasks, participants experienced the practical application of life skills in both everyday life and classroom settings. The workshop promoted self-awareness, collaboration, and confidence, contributing meaningfully to the holistic development of future teachers.



MARCH 2026

Creativity Unfolds

◆ **SHEVOLUTION: INTERNATIONAL WOMEN'S DAY CELEBRATION**

The spirit of empowerment and achievement was celebrated through Shevolution on 6 March 2026 in connection with International Women's Day. The programme featured engaging competitions, including extempore speaking on iconic women personalities and a creative photo recreation challenge. These activities encouraged students to reflect on the lives and accomplishments of remarkable women while showcasing their own creativity and confidence. Curated by Mrs. Shiny Pratap, Faculty in Charge of Gharaana, the celebration served as an inspiring tribute to women's strength, resilience, and contributions to society.



◆ CHOICERA: SNACK BAZAAR

Entrepreneurial learning came alive on 13 March 2026 with the launch of CHOICERA–Snack Bazaar. Inaugurated by Dr. G. Meera Suresh, Academic Director, the event transformed the campus into a lively marketplace where students managed stalls and gained hands-on experience in planning, pricing, promotion, and sales. Organized in connection with World Consumer Rights Day under the theme “Safe Products, Confident Consumers,” the initiative also promoted awareness of responsible consumption and consumer protection. Conceived by Mrs. Vandana S. Venu, Assistant Professor, the bazaar provided an engaging platform for developing business skills, teamwork, and practical understanding of entrepreneurship.



◆ RHAPSODY: WHEN WORDS BECOME ART

Words, rhythm, and imagination converged in Rhapsody, organized on 18 March 2026 in observance of World Poetry Day. Through poetry recitations, creative presentations, and reflective expressions, students explored the emotional depth and artistic beauty of literature. The programme fostered an appreciation for the expressive power of language while encouraging participants to engage with poetry in meaningful and creative ways. Envisioned by Mr. Nadeem Surfid N., Assistant Professor, the celebration nurtured the literary and aesthetic sensibilities of aspiring educators.



◆ **21ST ANNUAL ATHLETIC MEET 2026**

The 21st Annual Athletic Meet was held at the BNV School Ground, celebrating sportsmanship, discipline, and team spirit among students. The event featured a variety of track and field activities that encouraged active participation, physical fitness, and healthy competition. Students showcased enthusiasm, determination, and coordination throughout the competitions, creating an energetic and spirited atmosphere on the field. Coordinated by Mr. Nadeem Surfid, Assistant Professor, the meet emerged as a vibrant celebration of unity, perseverance, and athletic excellence, inspiring students to uphold the values of dedication and teamwork.



Voyage Vibes

• **STAFF TOUR 2026: A JOURNEY OF TOGETHERNESS**

A staff tour was organised on January 20, 2026, bringing together the college management, teaching staff, and non-teaching staff for a day filled with travel, interaction, and shared experiences. The journey commenced from the college campus at 6:00 AM with great enthusiasm and camaraderie. The trip covered destinations including, Kulathupuzha, Achan Kovil, Thenmala, and Kumbhavurutty Falls, offering participants an opportunity to enjoy scenic landscapes, cultural experiences, and moments of relaxation away from routine academic responsibilities. The excursion created a cheerful atmosphere that strengthened bonds, encouraged teamwork, and fostered a spirit of unity among the staff members.



• **GOA TOUR 2026:**

The B.Ed. 2024–26 batch embarked on a memorable Goa Tour from February 15 to 19, 2026, offering students a refreshing blend of travel, cultural exploration, and shared experiences. The tour provided opportunities to explore the scenic beauty, heritage sites, and vibrant culture of Goa, creating moments of learning and enjoyment beyond the classroom. The journey encouraged interaction, cooperation, and lasting friendships among students, making the experience both meaningful and enjoyable. Accompanied by Dr. Sunikumari P. M and Dr. Roshna V. Gopal, and Mr. Nadeem Surfidi N., the tour became a vibrant experience that strengthened bonds, created cherished memories, and added a joyful chapter to campus life.



Achievements

SRI SATHYA SAI SEVA ORGANISATION

Essay Writing Competition

District Level Winners

Congratulations!



JAYALEKSHMI V S
Commerce Optional



S LEKSHMI SANTHOSH
Social Science Optional



SHANI MOL S

FIRST YEAR B.Ed.
(ENGLISH OPTIONAL)

the recipient of

CHIEF MINISTER'S

VIDYARTHI PRATHIBHA PURASKARAM 2026

EduSpark: Igniting Research in Teacher Education

Showcase Your Minor Research Project:
An Intercollegiate Presentation Competition 2026

Conducted by
Sree Narayana Training College, Nedunganda



SUMI V T
PHYSICAL SCIENCE

🏆 SECOND PRIZE 🏆



Angel G D'Cruz & Naveen

for securing the 🏆 3rd Prize in the Inter Collegiate Mixed
Doubles Badminton Tournament conducted by
Govt. College of Teacher Education, Thycaud,
Thiruvananthapuram.



Preliminary Level Winner's, YIP 8.0



Sreelekshmi R H
1st yr, Commerce



Nazeeha Jalal
1st yr, Commerce

KTET QUALIFIERS



Angel G D'Cruz



Anjana AJ



Arsha S



Lubina N



Shilpa dileep. R



Neethu S L



Bhagya Willy Brod



Athira. S S



Namitha Devi V.N



Sumi V T



Gopika A V



Nisha M Shani



Thejas Krishna P V

Category 2 & 3



Gayathri R M



SANIKA.B



Devi Krishna A S

Category 3



Editorial Board



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Principal
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Assistant Professor
BNVCTE, Chief Editor

